Year Group: 1

Term:

Subject: PSHCE (what is this?)

PSHCE / RHE focus area: Pantosaurus

Our ground rules for PSHCE at Haslingden Primary School – Remind at the beginning of each unit – this may be a quick recap at the beginning of each lesson or at the beginning of each half term.

- We treat each other with respect.
- We use kind words and kind actions.
- We can pass if we want to.
- We use the correct names for things.
- We don't share personal stories about ourselves, our family or our friends.
- We don't ask our friends or teachers to share personal stories or opinions.

We all stick to the rules!

Lesson One

Lesson 1

Purpose:

P.S.H.E.

- Daily Review
- Vocabulary
- New information (reading)
- Guided/ independent tasks
- Checking for understanding

Lesson 1

Review

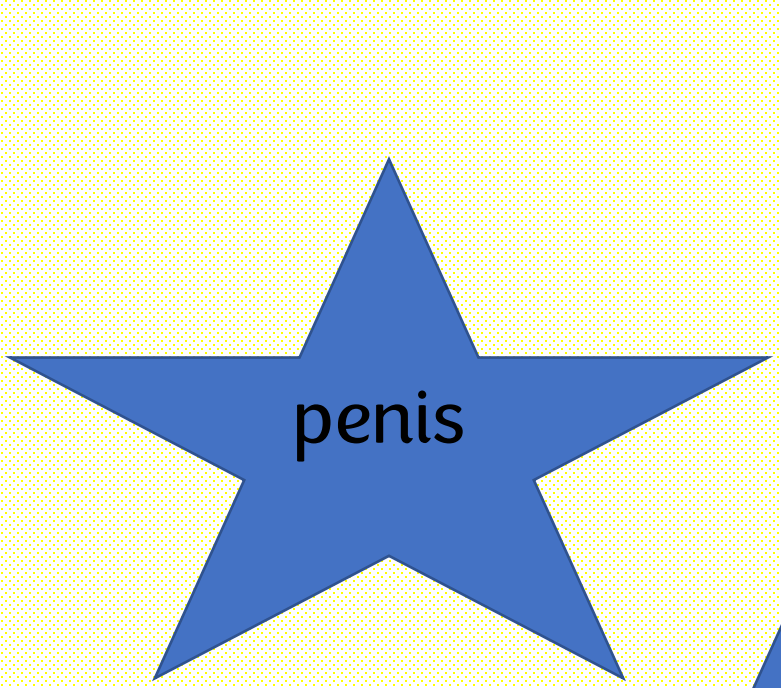
P.S.H.E.

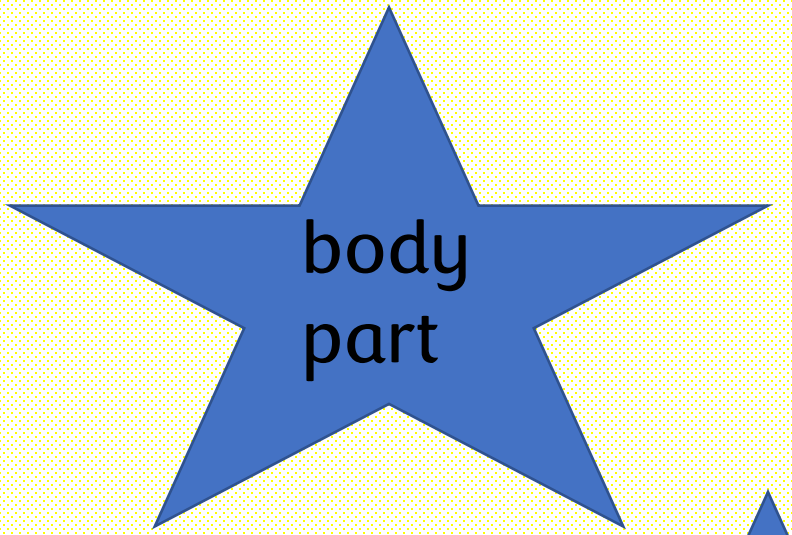
1. Can you point to a ___ (body part)
2. What makes a good friend?
3. Which adults do you trust?
4. What are our ground rules for PSHCE?

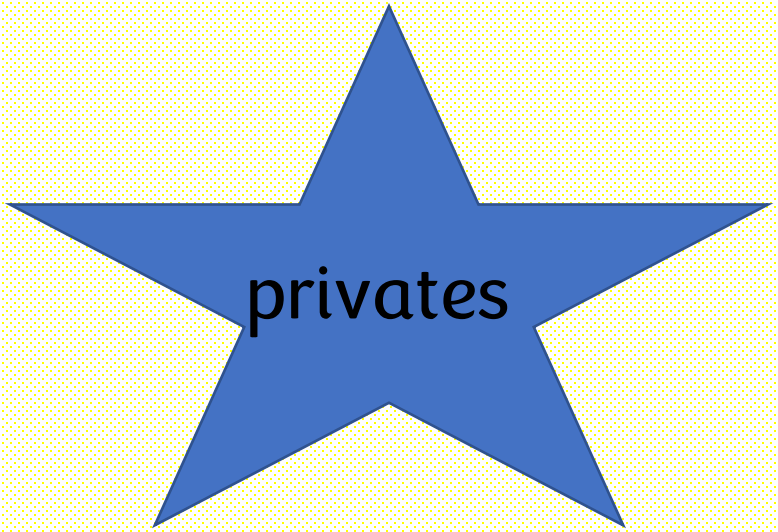
Lesson 1

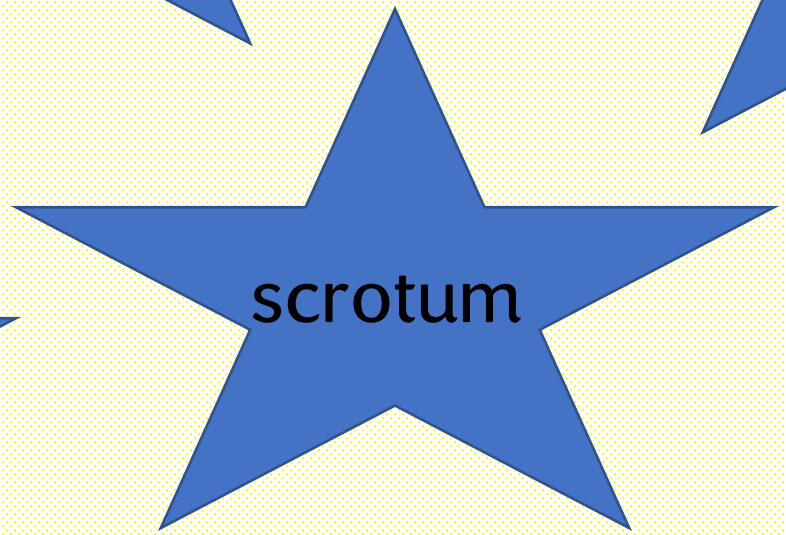
Vocabulary

P.S.H.E.





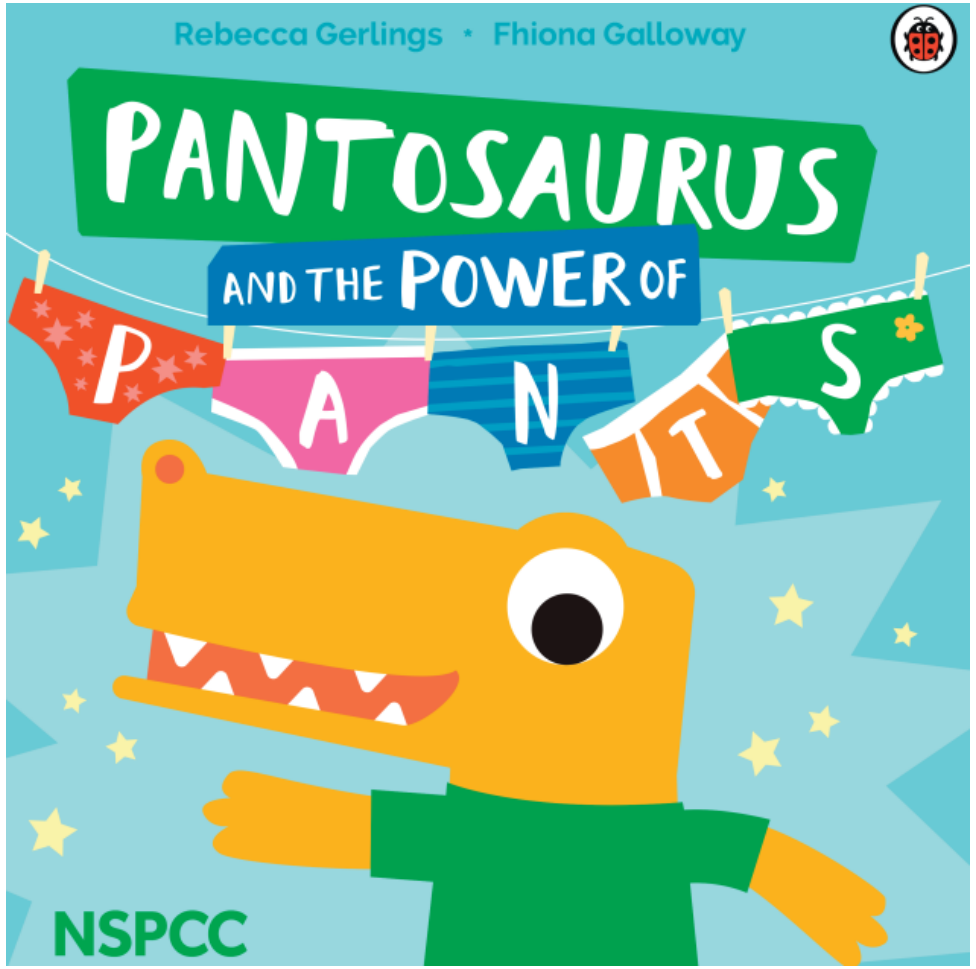




New information

Purpose: To keep my privates safe around other people.

P.S.H.E.



Read the story of Pantosaurus

Q1. In the story, who cares for Pantosaurus and keeps him safe?
- a. Dinodad and his teacher
- b. Little Red Roarysaurus
- c. No one

Q2. Dinodad says "They're your pants, and it's _____ _____". Which words are missing?
- a. My body
- b. Your body
- c. No body

Q3. What does Pantosaurus say if someone asks to see or touch underneath his pants?
- a. A quiet little no
- b. A big loud no!
- c. He doesn't say anything

Q4. Who should Pantosaurus tell if someone asks to see or touch underneath his pants?

Play Pantosaurus song

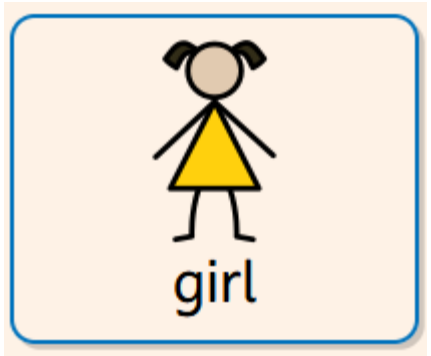
What do you already know about keeping safe around other people?

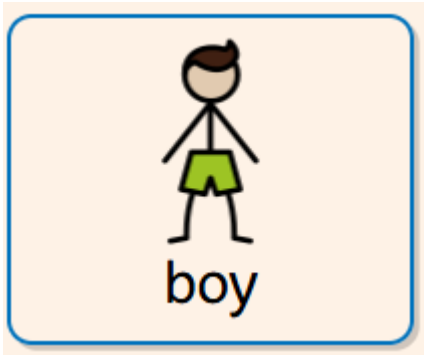
New information

Purpose: To keep my privates safe around other people.

P.S.H.E.

I. Using dolls, label the private areas for a boy and girl. **Label**: penis, nipples, scrotum, vagina.

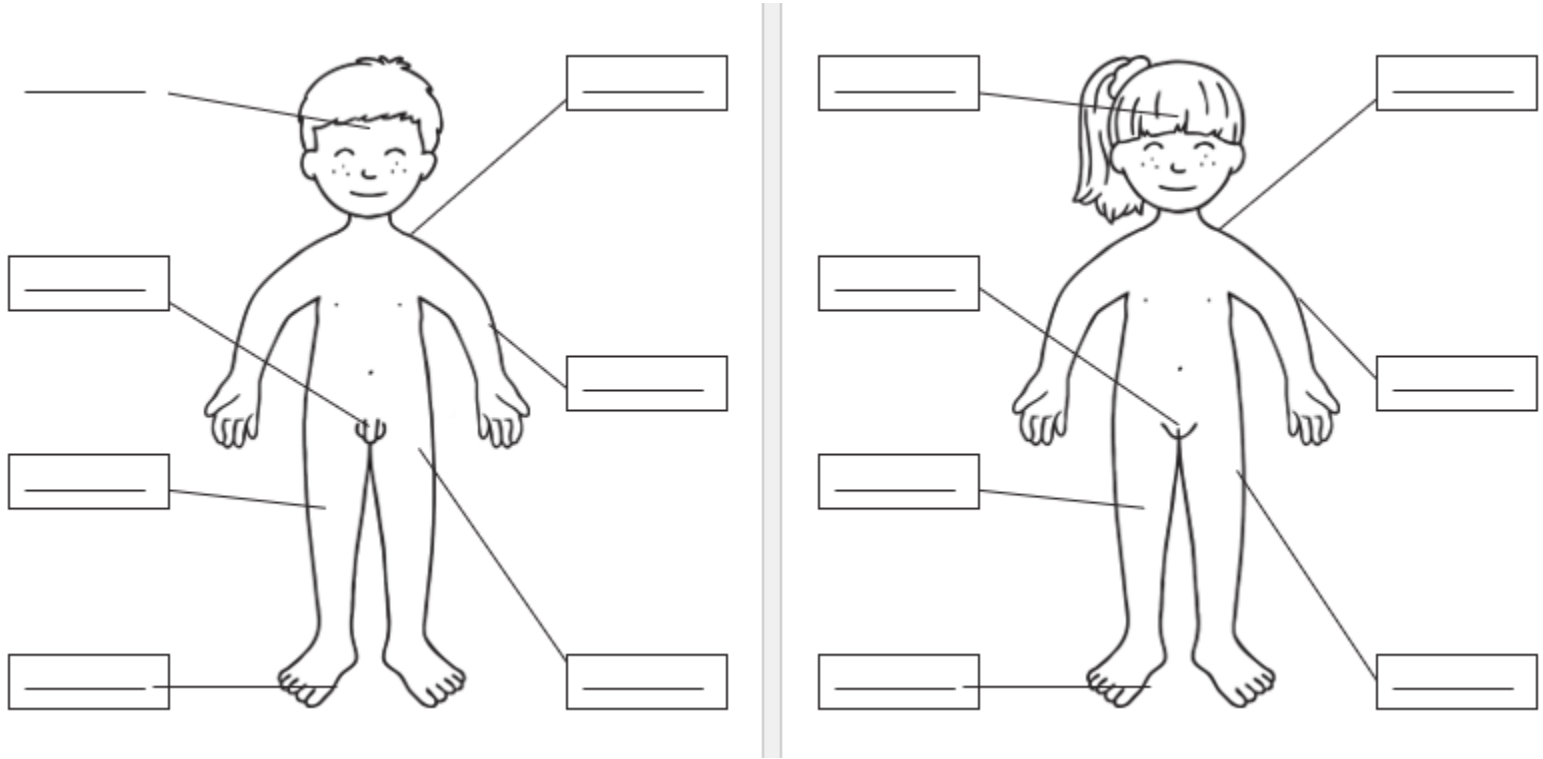




Task

P.S.H.E.

Purpose: To keep my privates safe around other people.



Task

P.S.H.E.

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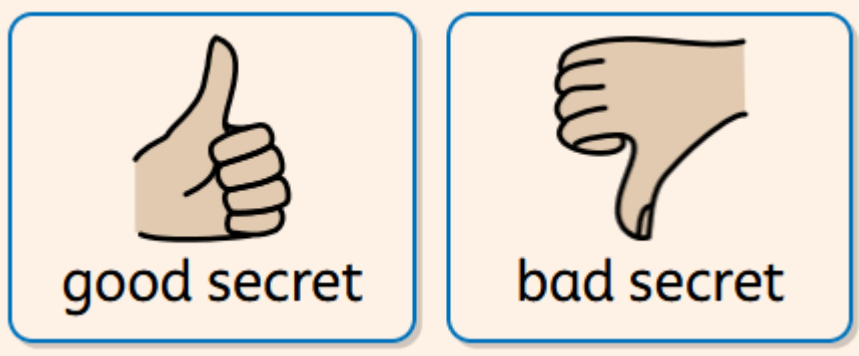

Scenario 1:
The twins make mum a card.
They keep it a secret until her birthday.

Task

P.S.H.E.

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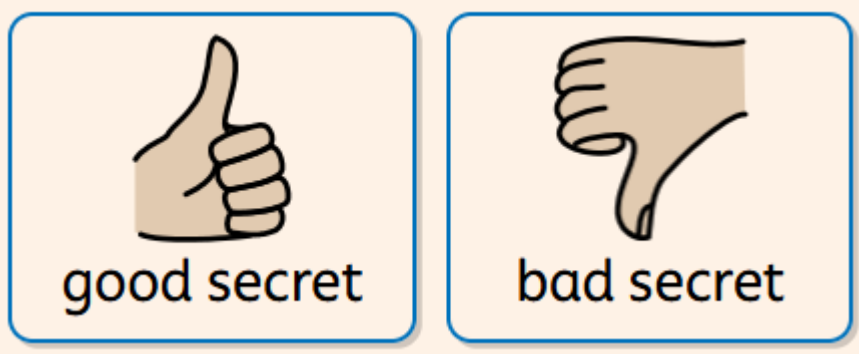

Scenario 2:
Flo and Mo break accidentally break Mum's vase and keep it a secret.

Task

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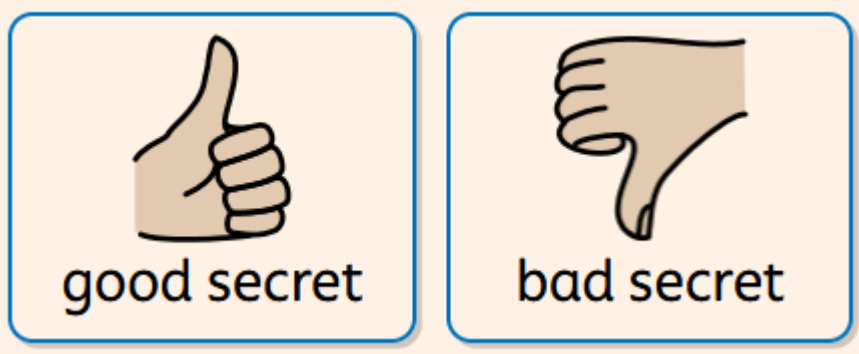

Scenario 3:
Poppy is planning a surprise party for Nanny. She keeps it a secret.

Task

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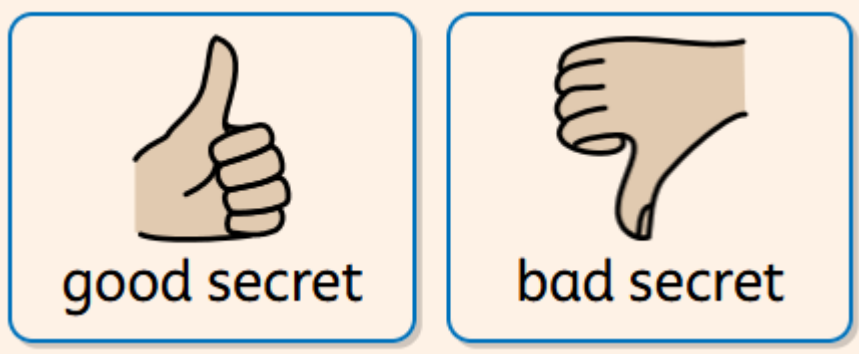


Scenario 3:

Ben asks his friend to see under his pants. He tells his friends it is a secret between them.

Task

P.S.H.E.

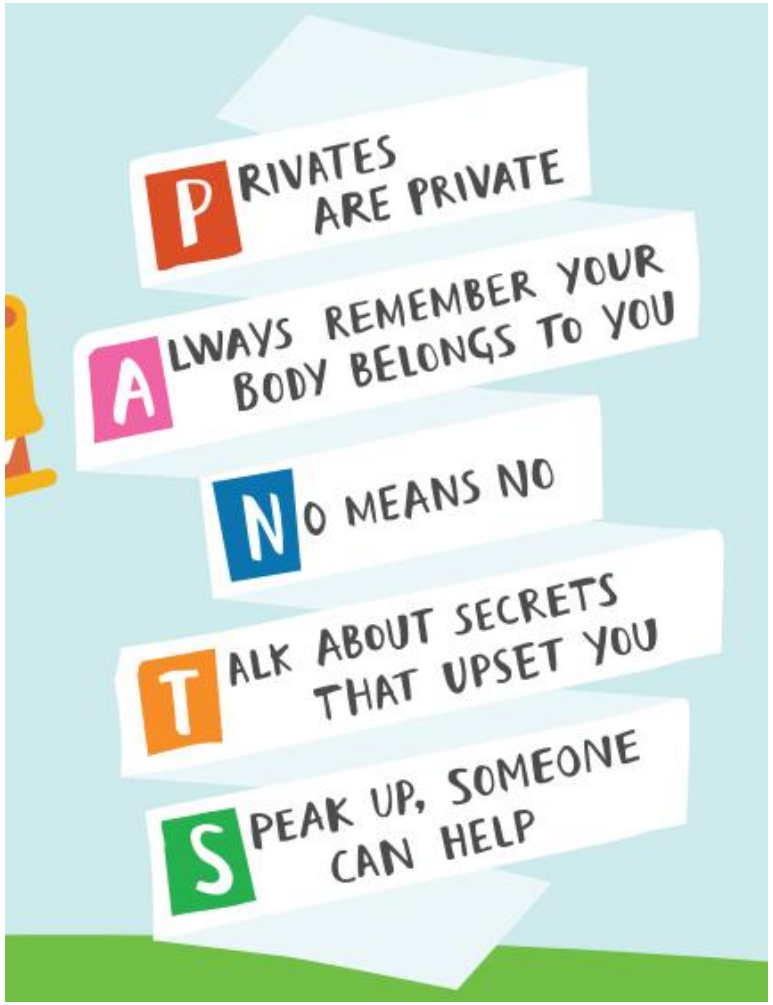
Purpose: To keep my privates safe around other people.

Discussion/Table Task:

Sort the touches into safe, unsafe and unsure.

Safe	Unsafe	Not Sure
High-five	Holding hands	Hug
Pinch	Kick	Kiss
Hit	Stroke	Tickle
Sitting on lap	Pat on the bottom	Push

Challenge



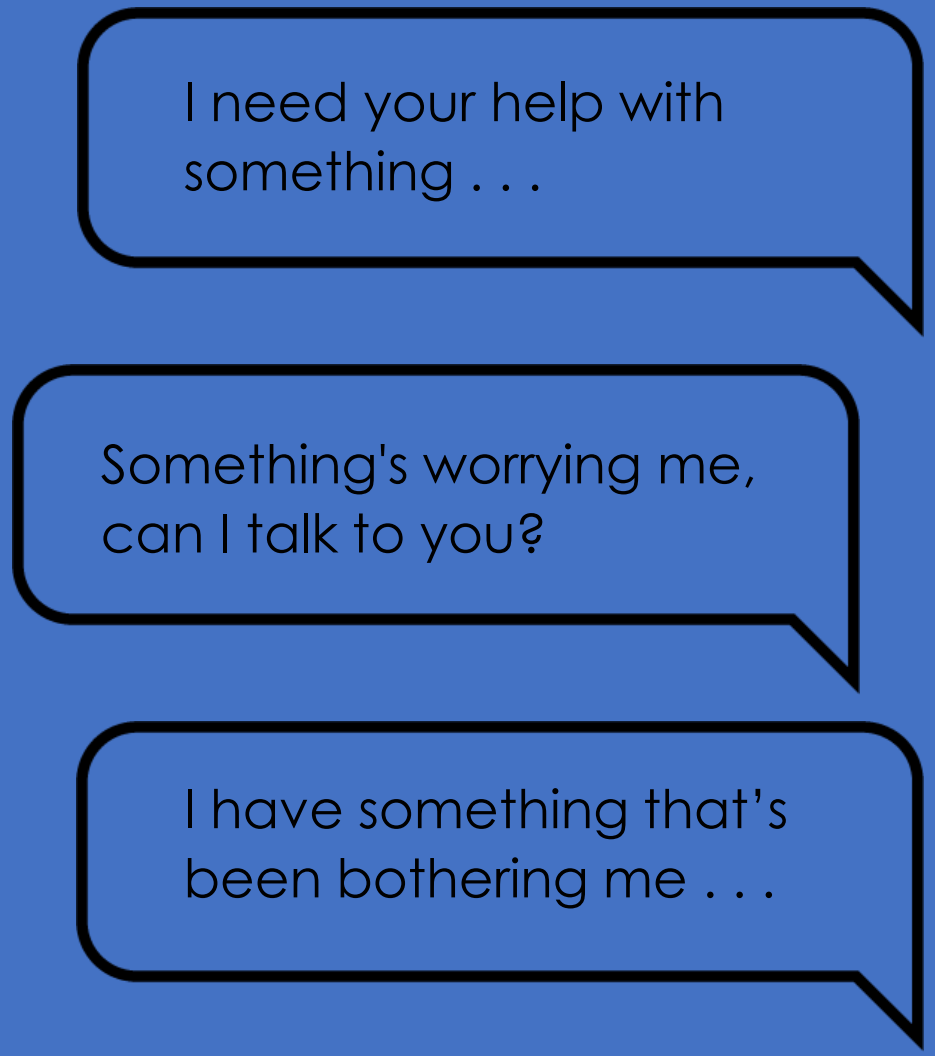
Discuss the PANTS rule as a class.

Who can help?

If you have any concerns of worries you can…

- speak to an adult in school – a teacher or a helper
- speak to an adult at home - someone that you feel comfortable talking to.

ChildLine Tel: 0800 1111
www.childline.org.uk/kids



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Lesson 1

Checking for Understanding

P.S.H.E.

1. What covers your private parts?

2. What is the difference between a good and bad secret?

3. Quiet reflection:- Who is your trusted adults?